



Celebrate cultural diversity at work with A Taste of Harmony

What is A Taste of Harmony?

A Taste of Harmony is a free national event celebrating cultural diversity in workplaces. The concept is simple: workmates bring a dish of food that tells a story about their cultural history to share with their colleagues. These stories at the shared table offer an opportunity to discover 'A taste of what makes Australia great'. Whether we identify as one of Australia's first peoples, a new Australian or as descendent of migrants who have arrived during the past 228 years, understanding and celebrating Australia is about recognising the diverse cultural stories that make up our society.

Why does cultural diversity at work matter?

Research shows cultural diversity plays a crucial role in expanding our horizons and improves problem solving, creativity and productivity.

50%

In 2015, the annual Scanlon Monash Mapping Social Cohesion Report found that **over 50 per cent of discrimination is experienced in the workplace.**

83%

At the same time, **83 per cent of Australians said multiculturalism is good for our country** and is seen as being in Australia's best interests for its future prosperity. Clearly it's never been more important to recognise and celebrate Australia's diversity and to acknowledge the benefits we all enjoy.

Now in its ninth year, A Taste of Harmony represents an ideal opportunity for workmates to learn more about each other's culture and heritage – it's fun, informal and involves delicious food and fascinating stories.

"A Taste of Harmony enables my work colleagues to share their culture, opening up a dialogue that would not normally occur."

KIRSTEN JONGSMA, MANTRA GROUP

Want to join the A Taste of Harmony table?

A Taste of Harmony is a free event – and there's no fundraising involved. All you need to do is register your workplace online, set a date and invite your workmates to come along with their favourite cultural dish.

Register your workplace at **tasteofharmony.org.au**. Once you've registered, you can access loads of tools to help get people excited about A Taste of Harmony.

This year, A Taste of Harmony runs from **Monday 20 March to Friday 31 March**, so choose a date during those two weeks to host your event. You could hold one company-wide event or perhaps each team, branch or department could host its own event.

"We have more than 12 nationalities at work and this event has become a very important part of our calendar."

JUDY, COMTEL NETWORK SOLUTIONS

A Taste of What Makes Australia Great

This year, the A Taste of Harmony theme is '**A taste of what makes Australia great**'. We'll be celebrating the contribution migrants have made to Australia's economic, social and cultural development, and the rich and vibrant multicultural heritage of which we can all be proud. It's an opportunity to recognise and share the culturally diverse cuisines and customs that you enjoy. You can share stories and photos of your event with us on social media.

See **tasteofharmony.org.au** to register and for more information.

SHARE A WORLD OF FOOD AND CULTURE AT WORK